



# Volunteer Morning Tea

The Lishman Health Foundation would like to invite our existing volunteers, and anyone interested in future volunteering, to join us for a cuppa and chat about the exciting volunteer opportunities available through the Foundation in 2019.

This is also our opportunity to thank you for your ongoing support of the Foundation.

## Guest Speaker - Marg Rhodes 100 Day Walk for Mental Health

Come along to hear more about Marg's 100 Day Walk for Mental Health and how you can volunteer to support this wonderful cause.

Marg and Pieter will be walking the Via Francigena over 100 days from June to August 2019 - a 2,000 km journey from Canterbury to Rome to raise awareness and funds for mental health.

The Foundation will support Marg and Pieter's journey by coordinating local fundraising opportunities with support from our volunteers. All money raised will go towards mental health programs coordinated by the Foundation.



**FRIDAY MAY 24 • 10 AM - 11 AM  
CONFERENCE ROOM 1, SJOG  
BUNBURY HOSPITAL**

We hope you can join us! Please RSVP to [admin@vlfoundation.com](mailto:admin@vlfoundation.com) or contact 0475 705 417.